



Strong Start to reading™
"Making a difference in the life of a child"



What you need:

Salt, sugar, sand or cornmeal
Cookie sheet or tray

Playing the Game:



Learning Connections:

This activity provides opportunities to

- develop a knowledge of the letters of the alphabet including the sounds they make.
- automatically read and understand some high-frequency words.
- develop control of small muscles.

Textured Writing



1. Cover a cookie sheet with salt, sand, sugar or cornmeal.
2. Have your child print a few letters, sounds or words they know using their finger.
3. Smooth over the material each time.
4. Print new letters, sounds or words the same way.
5. It is important that your child uses their finger so that they can feel the texture. This movement helps your child to remember the letters they have printed.
6. Think about what other materials that could be used for this activity. A plastic bag filled with shaving cream (with a drop of food colouring) provides another way to form letters over and over, smoothing away the letter each time.



To translate, see next page.

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