

Repetition

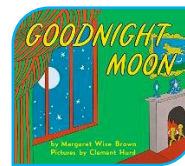
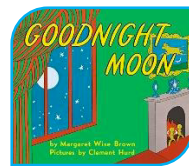
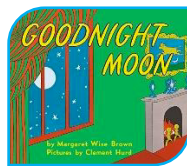
Repetition is the key to remembering. Research tells us that we need to see or hear things multiple times before we can remember them and transfer them to our long-term memory. As children learn, they can make connections to what they already know through repeating an activity and building their knowledge and understanding.

Let's see why...

- Children need to see a letter, or hear a sound or word many times before it can be recalled automatically.
- When a child reads or hears the same book multiple times, it helps to reinforce pattern, rhyme, fluency, vocabulary, and word recognition, and it builds confidence in becoming a reader themselves.
- Through repetition, a skill becomes easier for the child over time.

Let's get started...

- Practicing the same letter, sound or word in lots of different situations makes the repetition more interesting and transfers knowledge in different ways.
- Children enjoy playing the same game or reading the same book again and again. You may find it tiresome, but children benefit greatly from hearing the same story over and over again. They often learn to memorize the story before actually reading the words!



- You can repeat the same concept but change it up a little at the same time. When using the activities in this resource, think about how you can play the same game but in a different way. For example, I Spy in a Book could also be I Spy in the Car or I Spy at the Market, practicing the same skill in different places.

