



Strong Start to reading™
"Making a difference in the life of a child"



What you need:

Pudding
Zip lock bag
Plate or cookie sheet

Playing the Game:



Learning Connections:

This activity provides opportunities to

- develop a knowledge of the letters of the alphabet including the sounds they make.
- automatically read and understand some high frequency words.
- develop control of small muscles.

Squeeze a Letter or Word



1. Fill a small zip lock sandwich bag with pudding.
2. Cut off one bottom corner of the bag and zip up the top.
3. Squeeze out the pudding to make letters or words on the plate.
4. Lick the plate when done.



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