



**Strong Start to reading™**  
"Making a difference in the life of a child"



### What you need:

Imagination  
A ball or skipping rope

### Playing the Game:

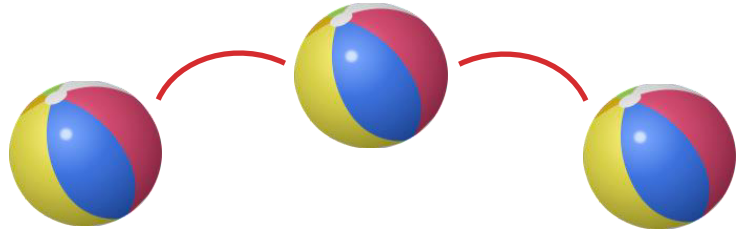


### Learning Connections:

This activity provides opportunities to

- explore sounds, rhythms, and language structures.
- develop a knowledge of the letters of the alphabet and the sounds they make.
- develop control of large muscles.
- develop spatial awareness when using large muscles.
- participate in creative movement.

## Bounce or Skip



1. Think of words that begin with a sound that your child knows or that you are working on with your child.
2. Make up a chant using each word and the sound the word starts with.
3. Use some sounds your child knows and add some new ones.
4. As you and your child recite the chant, bounce a ball or skip rope.
5. Can your child use a familiar tune to create a song about the sounds and words? E.g., Skip to My Lou; Twinkle, Twinkle Little Star; etc.

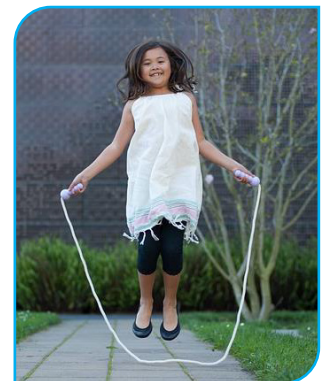
**A** says /a/ /a/ /a/ /a/

**A** ike in apple /a/ /a/ /a/

**B** says /b/ /b/ /b/ /b/

**B** like in baby /b/ /b/ /b/

6. Can your child bounce a ball or skip to the sound of each letter in the alphabet? Can they say a word that starts with each sound in the alphabet as they do the action, as a bit of a challenge?



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